

# Tactile Medical

8-May-2024

## Flexitouch Plus => for Lymphedema



The image shows a man lying on a couch, reading a book. He is wearing a compression garment (Flexitouch Plus) on his legs. The garment is light-colored with dark stripes and has straps and buckles. Below the image, there are three circular icons with text: 'EASIER TO USE', 'BETTER FIT', and 'ADDED COMFORT'.

Our new ComfortEase™ garments are redesigned to be:

- Easier to put on and remove with zippers and large zipper pulls
- Better fitting, with a wider variety of sizes
- Even more comfortable due to thinner, less bulky material

### History:

- I started using Flexitouch Plus on 9 Mar 2024.
- Three weeks later, discovered my right knee was hurting when I stood up.
  - I contacted Tactile Medical Patient Consultant.
  - I asked if the pressure can be reduced. He said he would check. Never responded.
    - The pressure was higher than the local PT boot.
- The following week, my left knee was hurting too.
  - My left knee had never hurt before.
- Then both feet started hurting.
  - I realized the 32 segments in the boot was putting a lot of pressure on small parts of the leg.
    - This is similar to standing on the side of a magic marker on the floor. A lot of pounds per square inch.
- After thinking about it, I realized that Flexitouch Plus was damaging the ligaments / connections in both of my knees and both of my feet.
  - The knee ligaments are not capable of handling pressure from the front of the knee.
  - The foot ligaments are not capable of handling pressure from the top and bottom of the foot.
- Flexitouch Plus has damaged both of my knees and both of my feet.
- If I did not quit using Flexitouch Plus, I'd end up in a wheelchair for the rest of my life.